

NAMI SYRACUSE 32ND ANNUAL EDUCATION CONFERENCE

Stronger Together: Stories of Connection and Community



Stronger Together: Stories of Connection and Community,

a community-focused conference hosted by the local chapter of the National Alliance on Mental Illness (NAMI).

This empowering event brings **individuals, families, community leaders, health care providers, and mental health organizations** together to explore how we can leverage a more supportive and connected community for everyone. We are thrilled to host **five engaging speakers** offering meaningful insights and stories on emerging approaches to mental health, local crisis services, addressing biases in healthcare, and LGBTQIA+ wellness.

To highlight the power of connection, an interactive expert panel will **bring together four local agencies** to discuss how they collaborate to weave a strong fabric of mental health services. Throughout the day, attendees will also have the opportunity to **visit informational tables** from numerous local organizations representing a wide array of support services and populations. Come learn, share, and discover how we are stronger together through our shared stories of connection.

Art Show - Recovery Through Art



This year we are also featuring an art show from a local artist who lives with mental illness and has been creating art at the Unique Perspectives program through Access CNY. **Brandon Shaw** has channeled a lifelong, family-supported passion for creativity into an outlet for personal healing.

PROGRAM SCHEDULE:

7:30-8:30 AM	CHECK-IN COFFEE & PASTRIES - visit our vendors and the Art Show	
8:30-8:40 AM	Lisa Smith, <i>President NAMI Syracuse</i>	Welcome Greeting to Attendees
8:40-9:00 AM	Scott Herron, <i>Executive Director NAMI Syracuse</i>	What's new with NAMI Syracuse <i>and how does it benefit our community.</i>
9:00-9:45 AM	Mantosh Dewan, <i>Psychiatrist and Upstate Medical University President</i>	Initiatives in Psychiatry at Upstate Medical University
9:45-10:30 AM	Jerena Barkins, <i>MSN, BA, RN, PMHNP-BC, Psychiatric Mental Health Nurse Practitioner</i>	Do You See Me: <i>This presentation will focus on bias in healthcare and practical tips for mental health practitioners.</i>
10:30-11:00 AM	BREAK - Visit our vendors and the Art Show	
11:00-11:45 AM	Dave Dunn, <i>MBA, MS, MHC-LP, Mental Health Counselor, Mind Trove, LLC</i>	Exploring Psychedelic-Assisted Therapy: <i>A Journey into Mind and Medicine</i>
11:45 AM-12:30 PM	Prism Counseling & Advocacy - Meg O'Meara, <i>PhD, LMFT-D, Master CASAC, MA, MEd</i> Cavanaugh Quick, <i>LCSW, LICSW</i>	We Keep Each Other Safe: <i>Deepening Love in Community During a Time of Social Crisis - community resourcing, mutual aid, and relational models for organizations.</i>
12:30-1:30 PM	LUNCH - Visit our vendors and the Art Show	
1:30-2:15 PM	Onondaga County Health Department	Mobile Crisis Response: <i>Collaboration to Benefit our Community</i>
2:15-3:25 PM	PANEL DISCUSSION - AccessCNY, Contact Community Services, Helio Health, Onondaga County Health Dept.	Moderated Special Panel: Partners In Action
3:25-3:30 PM	Lisa Smith, <i>President NAMI Syracuse</i>	Closing Remarks